Mind, Brain, Body Connection

Meditation and Structure

Many people that are new to the concept of meditation may experience confusion in trying to figure out what mediation is and how to meditate. The word meditation is a word that can mean many things depending on the user of the word. If you search the internet for the meaning you will find many different thoughts speaking about working with mind. This is indeed true but very few humans realize that mind is not brain and humans use the words brain and mind to apply to the organ in the head of the human body form.

The human body is a "thought form" and cannot operate of its own free will. This should be obvious in the fact that the human body form can stop being animated. The cells of the human body form cannot operate of their own free will. Mind creates brain. Brain does not create mind. Mind implies thinks, reasons, comes to conclusions and experiences. Brain does not think, reason, come to conclusions or experience. Mind does not need a brain to think. Mind only needs a brain to ***experience*** the thoughts of mind.

Because mind operates brain, and all who birth as human forget the truth of mind, humans believe that mind and brain is the same thing. Brain is a thought of mind. All that exists is mind. **Mind is Source mind**. Other words humans use to apply to Source include the words God, the universe, the multiverse, space, outer space, consciousness, energy, and physics uses the word singularity. Brain exists in mind, as there is no such thing as outside of mind. But brain is a tool of mind, that performs functions to allow mind to experience the thoughts of mind. Brain is a "cell", composed of many smaller cells. Human cells are "stars". Humans also call stars, suns.

Stars are Source stepping the energy of Source mind down and back up in energy quantum / amount of energy. Stars are the "cells" of Source mind. Source "*embodies*" as star cells.

Space is Source mind, your mind, the only mind that exists. The uncountable number of stars in the mind of Source is Source stepping down in energy to be able to step down to a low enough level of Source energy to create a star cell that will function as a brain.

Source is mind and Source creates all of creation simply via thinking. Once again, mind does not require a brain to think. Mind only requires a brain to experience the thoughts that mind thinks and creates. Source is conscious mind. Conscious means aware of self and thinks. Source mind cannot be defined as "something - form" until the point that Source creates and the point that Source creates is a "thought" of Source mind. The first expression of Source mind is a star. The smaller energy thoughts of Source that compose reality fields are not stars. They do not hold enough of Source energy to be considered as star. However, they are "turned on" inside of the brains of Source which are stars / cells and so are composed of the energy of Source expressing as a star.

To see your star expression, you must look at the so called "atomic level" of the cells that compose your human body form. Biological science calls the structure of your cells "chemicals" and *chemicals are elements* that group together to perform specific functions. Search the so called chemicals that science has named your human DNA and then search the elemental structure of these chemicals. There you will find your star expression, based on the words physics has applied to elements.

All thoughts hold a code, and the code in cells is the Eternal Spiral of Creation. Science has named the Eternal Spiral of humans, human DNA. The Eternal Spiral of Creation is the foundation structure of all thoughts. Humans cannot see the spiral of thoughts. Human DNA, and the so called DNA of other species of life forms, is a non-visible spiral held within the mind of Source (space). At the level of star cells humans look at in outer space science calls the non-visible spiral of a

star a “black hole”. At the level of star cells that compose the human expression, physics is now calling the non-visible spiral a “black wall”. Medical science does not look this deeply into a cell. Physics has also called star cells a “vacuum in space”. Defined as such, the smaller cells inside of your human form would be a vacuum in space.

The difference between the thoughts of Source is the difference in the coding of the Eternal Spiral of a thought which determines the amount of Source that can be turned on in a thought of Source. The code of a thought determines the function of a thought. The Eternal Spiral code of a thought instructs the energy of Source to turn on or turn off. Science calls this a binary code. The word binary simply means on or off.

The star cells of Source mind are eternal, in that they never turn off; they simply change to express as new star cells. Humans already know that the cells that compose their human form replicate and divide, creating new cells. However, like the other life forms of earth, human body forms reach a point where they can no longer be animated. Humans call this point death of the human body form.

Humans have forgotten they are not their human body form but that they are individual identity expressions of Source mind, or faces of Source for simplicity. The difference in faces of Source and the thoughts of Source that compose reality fields is that only the faces of Source can question their identity, think, reason, come to conclusions and “create” simply via thinking. The thoughts that compose reality fields are “sparked” to flash on and off INSIDE of the star cells of Source that operate as a brain. Therefore, they are eternal thoughts of Source but they are not faces of Source. They are composed of the conscious energy of Source because Source is all that exists but they cannot operate of their own free will. They simply operate as the code they hold instruct and that is determined by how the code is sparked to “flash on” inside of the brains of Source.

Source mind desires to “experience” the thoughts that Source creates. In doing so, Source eternally discovers what Source is by discovering what Source can express as. It is via the process of Source thinking, and creating, that allows Source to eternally expand, allows space to eternally expand. “*All of creation is energy. Energy cannot be created or destroyed, it simply changes form*”. This means all of creation is the **same** energy expressing as all of creation, is eternal; has no beginning and no ending, and eternally changes form. Form is also what humans call manifest creation, visible creation, matter and particles. Quantum physics discovered, “*matter does not exist unless someone is looking*”. They are starting to remember that means the someone “looking” is not made of matter but they continue to deny the existence of Source, although a few scientists’ thoughts are starting to lead them to the truth in baby steps. A very challenging piece for them is that they are not aware what “looking / vision / seeing” really is. This is currently a challenge for all humans.

Source is electrical, space is electrical energy. There is no such thing as magnetic energy. Science would most likely call the electrical energy of Source mind “electrical potential” if they knew the truth. Electrical potential means holds an electrical charge but no action is occurring. Another way to express such is the “still point of mind”. Action occurs INSIDE of the star cells of Source mind, not outside of them. Therefore, the star cells of Source mind are similar to an electronic circuit board. The action is the result of electrical sparking. Science calls the electrical sparking in the head of the human body form “brain waves”. The sparks in the cells of the head are not brain waves, they are the result of brains waves bumping into each other to create sparks. The sparking process in your cells is the creation of your reality field and all that you experience. Your reality field is not solid. There is no such thing as solidity. The illusion of solidity is created as a result of the energy of thoughts being experienced as one level of energy lower than the energy of mind step down. Lower energy seems denser to higher energy. For example, mind steps down 12, 9, 6, 3, 12 zero. The energy between these step down points are the levels of energy the thoughts of a reality field are composed of. In numbers that equates to 12 (11 – 10 as the energy of thoughts), 9 (8 – 7 as the energy of thoughts), 6 (5 – 4 as the energy of thoughts), 3 (2 – 1 as the energy of thoughts). So, the level of energy of your manifest reality field is always one layer lower in energy than

the step down of your mind you are experiencing your thoughts from. Lower energy means lower / smaller amounts of radiation. Therefore, lower energy / radiation is always denser than higher energy / radiation.

Example, science calls the layers of radiation of earth the layers of atmosphere. Each layer is lower in radiation going from top to bottom which means denser in radiation. The so called troposphere is the lowest, densest layer of radiation of a reality field and that is the layer of energy / radiation that compose the "thought forms" humans currently call manifest creation. It does not matter where in the picture of creation humans look; all thought forms humans see are currently composed of this expression of radiation. Science also calls this layer of radiation the "visible light spectrum".

Humans might say that manifest creation is "light forms" but in such a thought humans have forgotten that visible light is actually "radiation". It should be easier for your brain to realize that radiation is not solid. So, in using the word radiation to apply to manifest creation, the thoughts humans experience as solid are lower in radiation that the level of mind step down experiencing the thoughts.

With that understanding, you might then think that the layer of radiation called the troposphere is the back ground, or screen, you see thought forms upon. However, that is not correct because you are not actually "seeing" with your human eye balls and you are not "seeing" form in front of your human body form.

Seeing / vision / looking is a "sense" just as hearing, smelling, tasting, touching, feeling etc. are senses. Senses occur in the cells of a brain that compose what science calls the "sense regions" of the brain. The points of the human body that have obvious openings, such as the human body eyes, ears, nose, mouth, sexual organs, and even the pores of your skin, are simply groups of cells that "direct flows of energy" to specific cells inside of you. So the human body eyes simply direct, or tunnel, radiation that humans call the visible light spectrum to the vision sense region of the brain. If there is damage to any cells in the tunnel, or the cells of the vision region, the person will experience vision issues or even blindness. The pupils of the human eye balls are the openings of entry into the vision cells network. The human body eye balls are similar to lenses that filter out radiation that would be harmful to human cells. You may become aware of the filtering process if you see flashes of form with your so called peripheral vision / side vision. You may catch a glimpse of form and turn your head to see it and there is nothing there.

It is well known by science that different species of life forms have different vision per species and different than human vision. They do not see as humans do and they do not see the "colors" humans do. This is because they cannot take in the so called visual spectrum of radiation humans can and that is a result of the coding of their Eternal Spiral. Even so, the level of radiation humans call the visual spectrum is a very tiny amount of energy / radiation and humans should be able to receive a whole lot more of Source energy as their visual spectrum.

When you close your human body eyes, think of your thoughts and see images of your thoughts, you are simply focusing your mind into a slightly higher level of radiation. That is the only difference in what you see when your human body eyes are open and what you see when they are closed. The difference is "where" you are focusing your mind. When your human body eyes are open you are focusing your mind into your human DNA. However, as long as you are expressing as human, your inherited human DNA code is the code that translates thoughts to your awareness. But, human DNA only exists in the layer of earth that you call the troposphere and it is a distorted expression of your original code. So, when your close your human body eyes and focus on your thoughts, you shift your focus of mind attention up in vibration. When you shift up high enough, you can shift your focus out of the distortion in human DNA.

Before we continue the discussion on mediation, let's look at some structure. The Eternal Life Gird is the result of pulling the Eternal Spiral of creation out, or un-spiraling it, to allow us to better see what is occurring in the Eternal Spiral. The following illustrations are the same. One is an illustration of a "cell structure" and one is an illustration of a structure of a cell with the spiral at the center of the cell pulled out, and illustrated as points to create a grid. Science does the same

thing to create the so called DNA ladder but in doing so they are only focusing on the codes of a spiral, which are a picture, and are not aware there is a non-visible spiral creating the picture, nor are they focusing on all of the spheres of the cell structure because they cannot see all of the spheres of a cell. Be aware that the illustrations are creating space to allow us to see structure but the layers express more as the layers of an onion, with no space in between the layers.

As well, this is what the structure of earth, a cell / planet, should be, but it is not. As we continue we are going to see an illustration of the structure of earth, “why” humans are expressing as a gender and what that means.

Layers of a Cell (Thought)

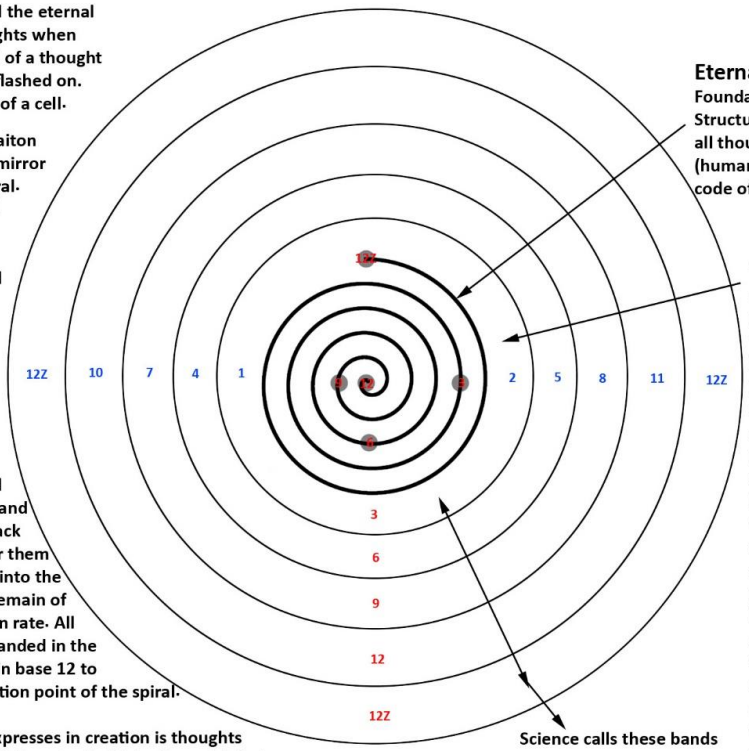
This is showing the foundation structure and not the out and in flows that occur within the structure.

These are the bands of radiation projected around the eternal spiral of all thoughts when the eternal spiral of a thought is "turned on" / flashed on. This is the layers of a cell.

The bands of radiaiton are a reflection / mirror of the Eternal Spiral. The Eternal Spiral steps down 12, 9, 6, 3, 12Z. The bands expand around the spiral 3, 6, 9, 12, 12Z.

The spiral and the bands are of base 12 vibration rate.

The bands expand around the spiral and are then pulled back into the spiral. For them to be pulled back into the spiral they must remain of a base 12 vibration rate. All of the energy expanded in the bands must remain base 12 to return to the creation point of the spiral.



Eternal Spiral
Foundation Structure of all thoughts (human DNA) code of a thought

This is the layer of radiation humans see as "visible light". It is the level of radiation all of manifest creation for humans is composed of. FORM! All of these bands of radiation exist as base 12 but humans fell to a base 10 vibration rate so they cannot become of the rest of the energy held in these layers, in creation.

Science calls these bands of radiation the electromagnetic specturm of radiation but the little bit of radiation they can detect is only of a base 10 vibration rate because humans fell to a base 10 vibration rate.

Everything that expresses in creation is thoughts of Source mind. All thoughts hold the Eternal Spiral with the original code of the thought. A star is a thought, a planet is a thought, you are a thought. The entire picture of creation is composed of thoughts and the pictures are "thought forms".

Your individual expression of Source is also a spiral that creates a cell but your cell is a "star". Your cell expression operates as a brain of Source, inside of the mind of Source (space, the universe). A star is a replicated mind of Source that steps the energy of Source down in energy. The brains of Source are created inside of the star replicated minds of Source. However, they are all cells. The code of the cell determines the function of the cell.

What science sees, studies and calls a cell is the 3 pt sphere of radiation surrounding the spiral. They cannot see the spiral, they see a mirrored picture / image of the spiral. Humans cannot see the rest of the energy of the cell as "form". Humans see as form thoughts as they express within the 3 pt sphere of radiation. Science calls that state of radiation the "visible light spectrum". At the level of the planet humans call the 3 pt layer of radiation the troposphere.

The bands of radiaton step down in energy as they expand around the spiral but remain of a base 12 vibration rate. The reason they do is because they are pulled back into the creation point and recharged with 3 times more energy and expand back out as 3 times more energy. That is called the phasing cycle of the Divine Trinity.

Marie Love
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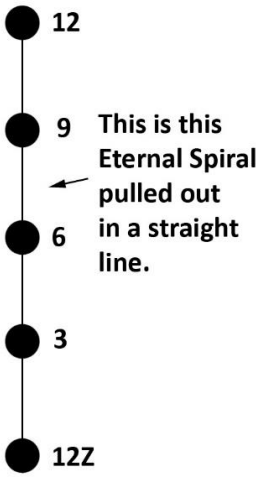
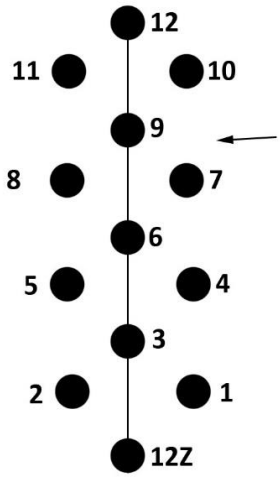
Ascensionwhispers.com

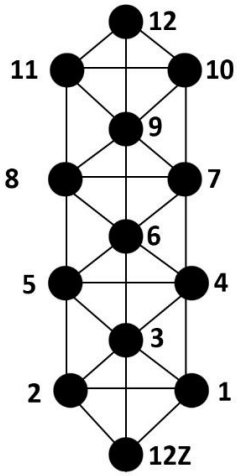
Eternal Life Grid



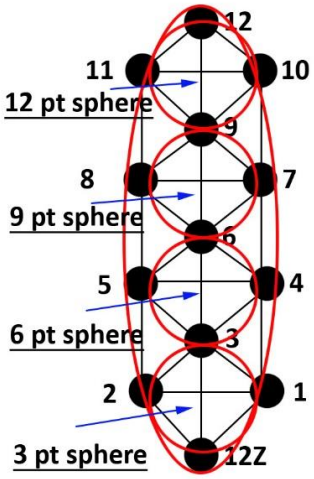
This is this Eternal Spiral pulled out in a straight line.



This is adding place holder dots for the spheres of radiation that expand around the spiral.



This is connecting the dots which creates the Eternal Life Grid.



I have now added circles to the "grid" so you can see that the grid points represent the bands of radiation spread out around the spiral in this pulled out view of the spiral.

The sides of the grid is what science calls human DNA. It is not possible to see the spiral at the center of the grid with human vision (base 10). Science calls the side of the grid "chemicals". (the DNA ladder)

Quantum physics calls the spiral at the center "a black wall".

Space science calls the spiral at the center a "black hole".

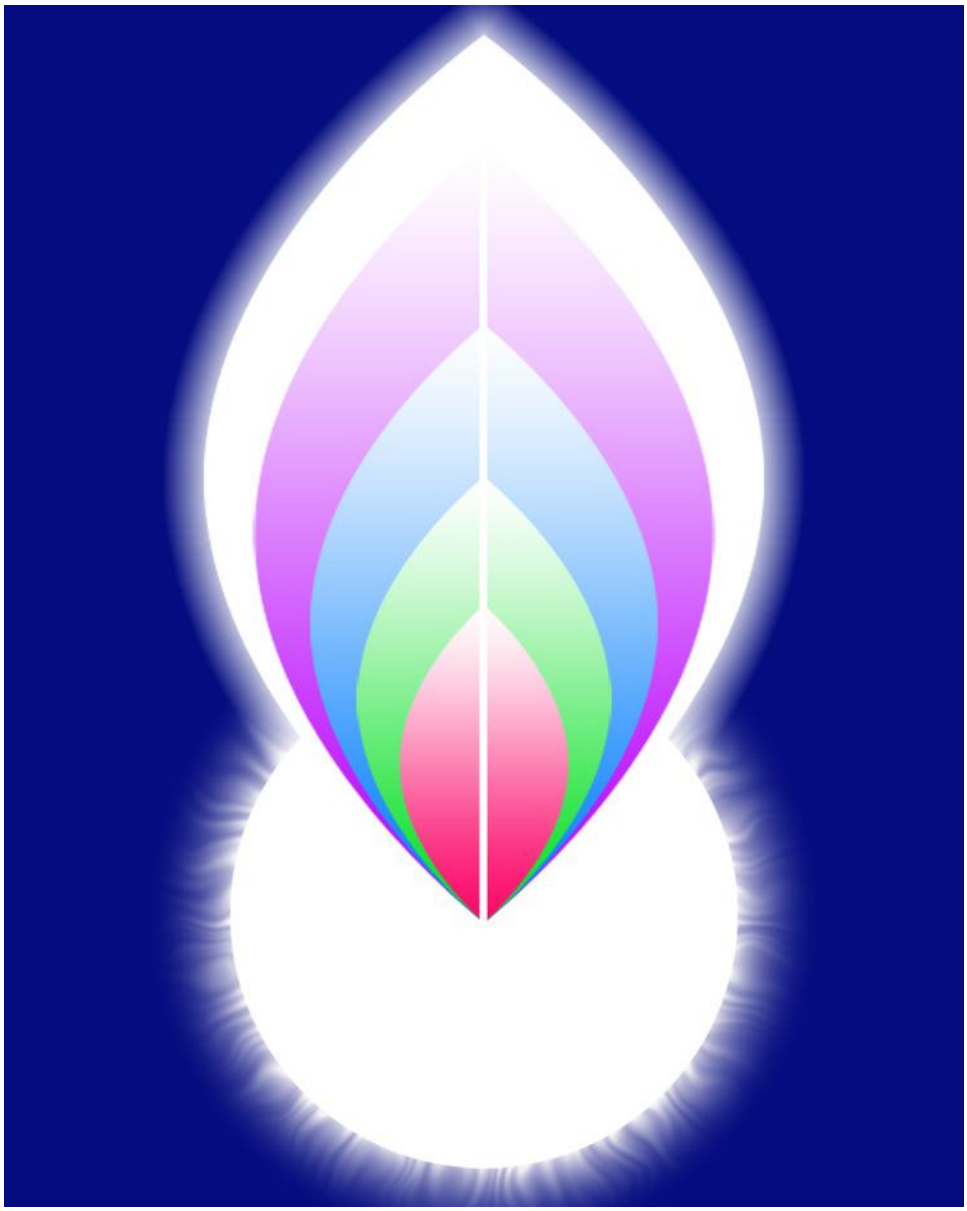
What science calls human DNA is a Mirrored / Relfected Picture / Image of a spiral they cannot see.

Just as the spiral called human DNA is held within every cell that composes your human form, so too is it held within every layer of the mirror and all of the smaller cells (thoughts) that are reflected into the mirror (bands of radiation).

Before Source mind can "experience" the thoughts of Source, Source must first create a way of projecting the thoughts held in mind away from mind to be able to look at them, experience them. Source mind is space -the universe. There is no outside of mind so Source cannot project the thoughts of Source outside of mind. Source must create a way to experience the thoughts of Source "within mind". Source does so by stepping the energy of Source down to a low enough level of energy to create star cells (thoughts) that operate as a brain. Source turns on the brain cells by stepping energy down into the spiral of the cell and then expanding bands of radiation around the spiral, creating the "cell body". Some people call this the "auric body", some people call it a spirit body. At the level of the planet cell, which is composed of the collective of human cells, science calls the auric body the layers of the atmosphere. This is what it means for Source to be "embodied". Source embodied means embodied as star cells, or the spheres within spheres of creation.

Marie Love
March 1, 2020
Ascensionwhispers.com

When you illustrate the Eternal Life Grid, the pulled out illustration of a cell, you get an illustration that looks similar to this, which I call the Eternal Flame as it looks like a “body of a flame”. I have added colors to make the illustration look pretty, based on the current spectrum of radiation humans currently experience as color. In this illustration I have attached the flame to the center of a white sphere representing the center of our local star which humans call the sun, the creation point of humans.



To understand yourself you must first remember your true identity. You must realize that you are an expression of Source and you are Eternal. You do not die; you simply change form. Source changing form means to continue to expand to express as larger and larger star cells. Nothing dies. The thoughts of Source that compose a reality field do not die,

they simply “turn off” as their spiral can only hold a specific amount of Source energy and once that amount is reached they turn off, to be turned back on as new thought expression.

The thoughts that compose a reality field are turned on in the brains of Source via the cells of the brains of Source “sparking” the energy stored in thoughts to “flash on”, once they flash on, they flash off. Your reality field is the result of continual sparking of thoughts to flash on and flash off. The flash on and off sequence is what science calls brain waves and electrical activity in the brain.

To truly understand the concept of mediation requires remembering your true identity and using your “mind” to create and experience. **Your POWER is the ability to “think” and simply via thinking you create**!

Humans have created a sort of mystical thought attached to the word meditation which is a result of forgetting the truth of self and creation and healing to remember the truth. There is nothing mystical or magical about the process once you know the truth. It is a natural expression of yourself. However, the function of cells is what creates the illusions of manifest creation. The star cells of Source mind are the “magicians” that create the illusions. When you know how the illusions are created they no longer seem magical. That being said, I am still in utter amazement with the process of creation.

Meditation is simply the process of “focusing” your mind to create and experience what you desire to create and experience. As previously stated, mind is still and quite. The eternal expression of mind is balance and the feeling of balance is love. The opposite expression of balance is imbalance and the feeling of imbalance is fear.

When you are focusing your mind into your mind, and filling yourself with the feeling of love, you are focusing in “your mind” not the thoughts of mind. You are not experiencing your thoughts when you are simply focused in mind. It took me awhile to understand this at first and I wondered why I could never carry my questions into mind when I simply focused on feeling the love within my mind. This is why. Questions are thoughts! To become aware of the answers to your questions you must focus into the question. Doing so will allow the question to open the answer held within the question.

Meditation can simply be the process of focusing within your mind to experience your love. Humans need to spend time daily focusing within the love of mind because doing so is what allows humans to heal. When you focus within the love of mind you are focusing within the highest level of energy of mind, the highest vibration rate you can reach, regardless of where you find yourself expressing as Source. Love is the highest vibration rate of Source as love is balance and Source mind is eternal balance. You can shift your focus of attention into mind and take all of your cares and worries with you and allow your mind to heal you. You can cry and have temper tantrums and Source will heal you. You can even shift into body sleep mode while focused in mind and experience feeling much better when you shift back into body wake mode. You can also ask Source to hold you and have the experience of being wrapped in the arms of Source. When you focus on your love, the love of Source, you are not asking questions or asking for assistance, you are simply experiencing the eternal love of yourself.

When you close your human body eyes and look at the blackness you see there, you are looking into a mirrored image of Source mind. You can simply focus into that blackness and fill yourself with the feeling of love to experience the love of Source. If you choose to pump your energy, via using your mind to fill yourself with energy first, you will be able to access more of your energy in the moment.

Prayer is simply the process of requesting assistance from mind, giving thanks to mind, talking to mind, communing with mind, communicating with yourself. Meditation is the process of using your mind to create your desired experiences.

What you experience is your thoughts and you do so by first creating your thoughts, which are created in mind (space) and then you pull your thoughts back into yourself (brain – star – cell) to allow you to experience your thoughts. You must first BE what you desire to experience. The way to BE what you desire to experience is to state that you are and the way to do that is to use the thought "I AM" followed by the desired experience. The first thing you need to decide is what you desire to experience. Since humans are out of balance and experiencing distorted thoughts, the desire should be to heal and experience only balanced thoughts.

Distorted Thoughts

Thoughts do not become distorted thoughts unless they are sparked to flash on within a distorted code of a brain cell of Source. Only cells that play the role of a brain of Source can become distorted as it is only this level of Source stepped down that the energy of Source becomes low enough to allow distortion to occur. All of the original thoughts of Source are balanced thoughts because Source mind can only create balanced thoughts. Understanding how thoughts can become distorted thoughts requires understanding the process of fragmentation, what fragmentation creates and what fragmentation does to the Eternal Spiral reflected in the bands of radiation expanded around the creation point Eternal Spiral.

Science looks at, and studies, a copy of the code of humans which they call human DNA. They call the codes of human DNA chemicals. Chemicals are groups of elements that group together to perform cell functions. Science sees that the so called chemicals on the so called sides of the human DNA ladder are "different" and have created names to apply to these four base chemicals. Science studying human DNA do not study the elements of human DNA of the atomic level of chemicals. If they did, they might learn something. As we have seen, the sides of the DNA ladder are "spheres" of radiation that surround the Eternal Spiral creation point of a cell. When they pull the spiral out they do not see the spheres of a cell, they simply see chemicals. The chemicals on both sides of the DNA ladder should be "exactly the same". Which means the same elements of the chemicals should be exactly the same when looking at the atomic level of the chemicals. They are not in human DNA!

When you apply that to the picture of your human body form it means that both the left and right side of the body should be exactly the same and function exactly the same. They do not in humans.

- One hand is larger than the other.
- One leg is longer than the other.
- One hand it dominant, one eye is dominant, one ear is dominant, one side of the body is dominant over the other side of the body.
- The hair grows faster on one side of the head than the other side of the head.
- All organs work harder on one side than the other side, including the organ called brain.
- The spine is misaligned, creating a tilt at the pelvis, which creates back pain.
- At the level of the planet, this misalignment expresses as the planet being tilted.
- Females generally mature a bit faster than males. Maturing means to turn on the codes of human DNA.
- Males generally have a shorter life expectancy rate than females.
- Humans experience illness and disease. The entire earth reality field is filled with illness and disease.
- The landmass of earth expresses as pieces instead of the one land mass in the one ocean it should express as.
- Freezing occurs on earth.
- Humans experience a body sleep cycle.
- Humans experience day and night.
- Humans have been trapped within the illusion of time for billions of years, current earth time.

- The thoughts of humans have continued to repeat, creating human history, which is a result of being trapped within the illusion of time.
- Not only is there a communication gap between male and female humans but between all humans.

These are all expressions of distortion in the codes of human DNA.

The “natural process” of experiencing the thoughts of Source is as this. The bands of radiation that expand around the creation point expand and then contract back into the creation point. As they contract, they pull the thoughts of Source back into the creation point and back through the layers of the bands of radiation. The expansion is called the out flows and the contraction is called the back flows. The back flows carry the thoughts of mind back into the Eternal Spiral creation point. The thoughts are not yet “turned on”. Science would most likely call them some type of radiation particle.

As the bands of radiation flow back into the creation point they are sparked by the codes of the Eternal Spiral. Sparking them turns them on, flashes them on, in the brain cells of the brain. The brain cells create new cells which science calls “messenger cells” and writes a code in the messenger cells for the thoughts, as translated through the code of the brain, in this case human DNA. Science calls the code written in messenger cells RNA. The messenger cells then transmit the translated thoughts to the sense regions of the brain via electrical flows that create “waves” of electrical current. The waves are created via the vibration rate of the cells, which is created by the codes turned on in cells. Science calls these flows of electrical energy the neurological system.

The organ called brain is the control center, or the command center of the entire system of cells. The command center is not only in charge of the sense regions of the brain but also holds the responsibility to maintain the health of the rest of the cells of the system. If cells within the system become damaged they send a message to the command center and the command center sends energy back down to the damaged cells to initiate a healing process. If cells cannot be healed they are allowed to turn off and be replaced with new cells. Responses of healing occurring include pain, inflammation and fever. If you think about a time when you got hurt, such a cutting your finger, you do not instantly experience pain. There is a slight pause before you become aware of pain. That pause is the time it takes for the message to be sent to the command center and the command center to send energy back down to damaged cells. The experience of pain is the response back to the command center that healing energy is being received.

I for one have lived with chronic pain for so many years now I have lost track. For years I used to feel anything but love for the chronic pain. Today, I do not enjoy it but I can love it because I am fully aware of why I experience chronic pain. In case you do not know, it is quite common for so called empaths to experience chronic pain. They absorb the distortion around them at a much faster rate of speed and in larger quantities; simply because they can.

Back to experiencing thoughts. As soon as thoughts are sparked to flash on in the cells of the brain system they flash off. Science would call this a chemical reaction but remember, chemicals are elements. When the thoughts flash off they are “supposed” to return to mind via the creation point, which means they return to space, and are once again turned off thoughts. Thoughts that are not turned on are simply potential thought experiences until they are turned on inside of a brain cell.

If the code of the brain, such as human DNA, becomes distorted, the thoughts that are pulled into the cells of the brain, and the distorted codes in the cells, either cannot be sparked or if they are sparked are not sparked fully. They become distorted, fragmented thoughts and they cannot return to the creation point to return to space around the cell, the mind of Source, because they were sparked to flash on at a lower vibration rate than the base 12 vibration rate of mind. Where do they return to? They return to the layers of radiation surrounding the creation point, or the body of the cell.

This is one reason why science theorizes that cells hold “memory”. Memory is thoughts! Traumatic experiences are the result of distortion codes in human DNA. If the thoughts that are sparked to create traumatic experiences are not released from human DNA they are buried in human DNA. This is what some people call “karma”. It is what it means to inherit traumatic experiences from your human genetic line. If the distortion is not purged from human DNA before it is sparked to turn on in human DNA it will be experienced in some fashion. Generally, it is experienced as illness or disease but the illness or disease can also express as other types of traumatic experiences.

Humans are a collective of brain cells and the collective of humans experience the layer of radiation of earth called the troposphere as their visible light spectrum. That is because what fragmented to become human is the energy / radiation associated with the 3-point layer of radiation of earth.

This is because what became human is the brain cells of Source that was expressing as the smallest energy original planet, whose piece’s humans call Mercury and Venus, plus moons. Humans are the consciousness of planet 1, with one representing the lowest in energy of four planets which expresses in the 3-point sphere of radiation of the local star cell humans call the sun. So, humans are “keyed to” the 3-point vibration rate. But humans fell to a base 10 vibration rate.

This means that the distorted thoughts of humans could not return to the creation point of mind because they are sparked to flash on at a base 10 vibration rate. If the distorted thoughts do not become trapped in human DNA they return to the sphere of radiation humans call the troposphere of earth. The troposphere of earth is filled with the distorted thoughts of humans. Humans also call this layer of radiation “air”. The distorted thoughts of humans continue to cycle through humans until humans can raise to a high enough vibration rate to allow them to return to the creation point of mind. This is what it means for “history to continue to repeat itself” and why there should not be any human history.

When a brain cell fragments the creation point Eternal Spiral does not fragment. It is the bands of radiation around the creation point, or the body of a cell, that fragment. Science also calls those bands of radiation gasses. When the original fragmentation occurred it occurred within the brain cells of all four planetary systems at the same time, over 5 billion years ago current earth time. This created a gaseous soup within the layer of our local star which humans call the solar plane.

The picture of planets is created inside of the brains of Source so that meant the pictures fragmented into pieces of pictures which is what humans believe is the natural picture of their so called solar system. It is really a matter of pictures of thoughts fragmenting into billions of pieces that they cannot even be considered as pieces but simply a soup of radiation.

The pieces now called earth and mars became the ascension system that the consciousness / brains / people of all four planets had to heal through. Like coding is drawn to like coding but the pieces that became earth and mars were the only pieces that could merge back together to create a high enough vibration rate to create an ascension system. This is reflected in the number of moons of what humans now call planets. Moons are pieces of planets.

The consciousness of the largest energy planet (four) merged back together the layer of radiation called the thermosphere. The consciousness of planet (three) merged back together the layer of radiation called the mesosphere. The consciousness of planet (two) merged back together the layer of radiation called the stratosphere and it is up to the consciousness of planet (one) to merge back together the layer of radiation called the troposphere. You will find more about this in the History of Humans Series on the Ascension Whispers website.

As you can see from the illustration of a cell, the spheres of radiation expanded around the creation point of a cell expand as a “whole sphere”. That is not how earth is expressing, or how any of the other pieces’ humans call planets

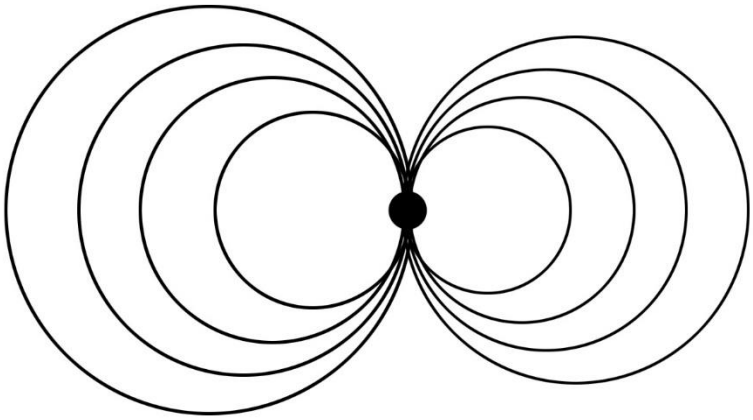
express. When the pieces became pieces of planets, moons, dust, comets, meteorites, asteroids', the pieces' humans call planets then express as "two spheres" that are "separated from each other, plus all of the smaller separated parts. They are separated because of loss of energy which means the pieces express at different vibration rates.

When talking about gender, what became mars is considered as the male gender of the original planet and what became earth as the female gender. This is simply because when applying gender to the process mars held more male than females and earth held more females than males.

What that really means is that what was once one sphere of radiation blew up and as it merged back together became two spheres of radiation, holding the same original code but different code sequences turned off or on in both spheres, which translates into elements losing their electrical charges to become different elements.

What humans call elements are elements that lost their electrical charge to become different expressions of elements that are un-natural to the original design of Source. They dropped to a base 10 vibration rate from a base 12 vibration rate. That is also why there are elements missing from the so called table of elements. Part of them became mars.

And it is why science detects what should be four full spheres surrounding earth as two sets of four spheres, connected at the center point as illustrated in the following image.



This is expressed in human DNA not only as genders but also in that the chemical elements on both sides of the DNA ladder are not the same, do not have the same charge, which means do not hold the same vibration rate. As we have seen, "one sphere" means they should be exactly the same on both side of the sphere.

This means what became male and female must "merge back together" to express as one code, once cell. And that is what humans have been working to accomplish for billions of years and are soon to accomplish.

The larger spheres are considered as female and this is why. The difference in males and females seem to be many but the differences are simply the result of code sequences which determine flows of energy, which determine how energy is sparked in the gender cells. When it comes to reproductive organs, the male and female reproductive organs are basically the same but the male organs extend out and the female organs inward. Meaning a female organ is the same as a male just not extended out. But the female DNA allows for the creation of what humans call a "womb" which is an incubation cell to feed energy to a "copy" of a cell.

The female human retains, merges with her DNA, the DNA of all males she has sex with, even if a birth does not occur, because the energy is being sent into instead of out of. This means that what became human DNA is being merged back together in what became female and is then passed on to each new generation of cells. That has allowed what became

female to turn back on more DNA codes than what became male and is why females have been said to be “more in touch” with their emotions. It is also why the female brain can process thoughts differently than the male brain expression. It is why female humans are generally a bit higher in vibration at birth and why females tend to mature at a faster rate of speed than males. So, your inherited human DNA is not simply the result of the combined DNA of your human parents but also that of every male your human mother engaged in sex with, which of course is your mothers’ DNA but not just the code she originally inherited. That is also why females tend to be great a multitasking because their brains tend to be able to process more thoughts at once than most male brains do.

However, this is expressing more and more as males becoming more feminine or expressing what had once been considered as more female qualities. It also means that before this last ascension cycle completes there will be more female expressions than male expressions.

It also creates imbalances in what humans call male and female hormones. Balanced expressions of Source do not express as a gender and they create their own form expression to represent them in a reality field. Humans cannot do so as a result of energy loss due to fragmentation and falling to a base 10 vibration rate. But balanced male and female hormones would mean that both males and females hold the same amount of estrogen and the same amount of testosterone. When both males and females reach a high enough vibration rate human DNA tries to balance out these hormones by turning off production of one and turning on production of the other. Humans think this is not natural as it does alter the sex drive by either turning it off completely or lowering it. Humans call it “the change of life” in females but males also experience it. It is simply the process of working to return to a non-gender expression.

To conclude this sharing, I will once again touch upon meditation. Meditation is you using your power to create. It is you using your mind to focus on what you desire to create and therefore experience. When you know the truth, why would you not spend time every single day meditating?

To experience balance you must first create balance which means to create balance within yourself. This earth paradigm is created upon imbalance and fear. If you spend your time focusing into the imbalance and fear you will only create more of the same. Choose Love! Love is the highest energy expression of Source. Love is the ONLY thing that can heal all things! Be Love! I AM Love! Tell yourself this over and over until you simply express as the love you really are. I AM Source! I AM the Creator! Tell yourself until you know it without any doubt.

Take back your power, take back your ability to create and create a reality field of love, peace, balance, joy and harmony. Never doubt your ability to create because in doing so you are denying your power.

Let go of all of the fear based thoughts of your ancestors. They no longer serve your desire to heal and create balance. To let them go you must first turn them off. This means to stop thinking about them, which turns them on. Then you simply need to shift up in vibration and allow them to release from you. You can tell yourself that you no longer need them and now allow them to return to balance within mind.

You are the creator, you are the master of self, you are the magician that is creating everything you experience. Choose wisely what you will create.

Source Loving Joy Blessings to All,

Marie Love